

Emerald Day Spa is committed to providing clients with a relaxing and rejuvenating experience. Forget everyday anxieties as you step into your private treatment room and allow the tranquility to calm your senses. Minutes from downtown, we are conveniently located in the Hillside area.

Emerald Day Spa is devoted to providing our clients with the best quality service in a professional and comfortable environment. We are passionate about creating a unique experience every visit. We strive to indulge every aspect of our clients' well-being, leaving their spirit and senses revitalized. Our mission is to restore inner balance with a positive atmosphere, exceptional service and a lasting impression.

The Aveda mission statement: Our mission at Aveda is to care for the world we live in, from the products we make, to the ways in which we give back to society. At Aveda, we strive to set an example for environmental leadership and responsibility, not just in the world of beauty, but around the world.

Emerald Day Spa is Vancouver Island Health Authority (VIHA) certified. All of our implements are sterilized up to VIHA standards and we DO NOT reuse our nail files, foot files or buffers. Every client who comes into our spa can feel confident in our strict hygienic practices.

Emerald Day Spa is an environmentally friendly spa; using non-toxic, paraben-free, formaldehyde-free, toluene-free, and PVC-free products in all of our treatments and housekeeping supplies.

We will pamper you naturally in every way possible.

**Products used:**

Aveda Skin, Body and Hair Care  
OPI Nail Lacquer  
OPI Gel Polish  
Gehwol Foot care Products  
Footlogix Foot Products



An AVEDA Concept Spa

THE ART AND SCIENCE OF PURE FLOWER AND PLANT ESSENCE

250 383 2441

2807 Cedar Hill Road  
Victoria, BC  
V8T 3H6

[emeralddayspa.ca](http://emeralddayspa.ca)



**Cancellation Policy**

Clients who wish to change, or cancel their appointment, are kindly requested to provide 24 hours notice to avoid cancellation charges.

Thank you for your co-operation.



## HAND AND FOOT CARE

All treatments include an Aveda sensory journey.

### Emerald Spa Manicure (75 minutes) \$55

Indulge your hard-working hands! Your nails and skin will be left feeling soft and hydrated, thanks to the massage and paraffin application — they'll be hard not to touch!

### Emerald Signature Manicure (60 minutes) \$45

Indulge your hands and nails! The salt scrub removes all the excess dead skin cells and the massage will leave your hands soft, finished with a beautiful polish application using OPI nail lacquer.

### Emerald Natural Manicure (45 minutes) \$45

When your hands and nails need a pick-me-up but you don't have time to let the polish dry, but still want a hand massage. You'll leave with gorgeous hands and shiny nails — No polish, no worries about smudging.

### Express Manicure (35 minutes) \$40

When your nails need a pick-me-up but you don't have the time. This is a perfect treatment inbetween full-length manicures. It will keep your nails looking trimmed, tidy with OPI nail lacquer, you'll be polished for your every day.

### Emerald Spa Pedicure (90 minutes) \$75

Pamper your hard-working feet! Your nails, skin and heels will be left feeling soft and hydrated thanks to the massage and paraffin application, finished with a beautiful polish application using OPI nail lacquer.

### Emerald Signature Pedicure (75 minutes) \$65

Nourish your tired feet! The salt scrub will remove all the excess dead skin cells leaving your heels and skin soft and smooth, finished with a beautiful polish application using OPI nail lacquer.

**Add Gel Polish (or removal) to a manicure or pedicure for an extra \$10 each**



### Emerald Natural Pedicure (45 minutes) \$60

When your feet and toes need a pick-me-up but you don't have time to let the polish dry but still want a foot massage. You'll leave with gorgeous hands and shiny nails — No polish, no worries about smudging.

### Express Pedicure (45 minutes) \$55

This is a perfect treatment inbetween full-length pedicures. When your nails need a pick-me-up but you don't have the time. It will keep your nails looking trimmed, tidy with OPI nail lacquer, you'll be polished for your every day.

### Polish Change-Hands/Feet (15/30 minutes) \$20/\$30

When you want to colour your nails the latest trend or just want to change your existing shade. We have many OPI colors to match your style, mood or personality. The possibilities are endless and your nails will stay looking polished longer.

### Paraffin Application-Hands/Feet (15 minutes) \$15

Your hands or feet will thank you as the essential oils of the warm paraffin treatment. Opens your pores and moisturises to soften your nails, cuticles and skin. The heat is deeply soothing for sore feet caused from joint pain, such as arthritis.

### Emerald Signature Manicure and Pedicure (135 minutes) \$110

### Gel Polish by OPI or Shellac (30 minutes) \$35

The first soak-off gels available in your favorite shades. Beautiful colour that last up to 2 weeks without any smudging or chipping.

### Reflexology (60-75 minutes) \$75

**Manicures and Pedicures include soothing hand/foot soak, nail filing/cutting, shaping, buffing, cuticle and/or callous removal.**



## TINTING

Define your eyebrows and eyelashes for an all natural look without having to use makeup. All natural vegetable dye that lasts three to four weeks.

|                              |      |        |
|------------------------------|------|--------|
| <b>Brow tint application</b> | \$15 | 15 min |
| <b>Lash tint application</b> | \$20 | 20 min |
| <b>Brow and lash tint</b>    | \$30 | 30 min |

## HAIR REMOVAL (WAXING)

|   |      |
|---|------|
| <b>Eyebrow sculpting</b>                    | \$20 |
| <b>Eyebrow maintenance</b>                  | \$18 |
| <b>Lip or Chin</b>                          | \$12 |
| <b>Full face (includes eyebrows)</b>        | \$40 |
| <b>Under arm</b>                            | \$15 |
| <b>Half arm ( hands to elbows)</b>          | \$25 |
| <b>Full arm (hands to shoulders)</b>        | \$35 |
| <b>Lower leg</b>                            | \$35 |
| <b>Lower leg and bikini</b>                 | \$65 |
| <b>Upper leg</b>                            | \$40 |
| <b>Upper leg and bikini</b>                 | \$75 |
| <b>Full leg</b>                             | \$55 |
| <b>Full leg and bikini</b>                  | \$85 |
| <b>Back/Chest</b>                           | \$50 |
| <b>Classic bikini</b>                       | \$28 |
| <b>French bikini</b>                        | \$35 |
| <b>Brazilian bikini</b>                     | \$55 |
| <b>Brazilian maintenance (within 6 wks)</b> | \$45 |

## SKIN CARE

Revitalize with a sensory journey, deep-pore cleansing, hot towels, extractions, hand, foot, neck, shoulder and scalp massage.

|                               |       |        |
|-------------------------------|-------|--------|
| <b>Aveda Signature Facial</b> | \$120 | 90 min |
| <b>Aveda Classic Facial</b>   | \$89  | 60 min |
| <b>Aveda Mini Facial</b>      | \$40  | 30 min |
| <b>Aveda Back Facial</b>      | \$70  | 60 min |

|                               |      |        |
|-------------------------------|------|--------|
| <b>Soothing Eye Treatment</b> |      |        |
| One treatment                 | \$20 | 15 min |
| Add-on to any facial          | \$15 |        |

## MAKEUP

*Complimentary make up touch-up after every service.*

## BODY TREATMENTS

All body wraps and salt scrubs begin with an Aveda sensory journey. Your entire body is exfoliated then replenished with a moisturizing cream application. With a relaxing scalp massage you will feel invigorated from head to toe.

|                         |       |        |
|-------------------------|-------|--------|
| <b>Aveda Body Wrap</b>  | \$135 | 90 min |
| <b>Aveda Salt Scrub</b> | \$75  | 60 min |

### Sunless Tanning Salt Scrub (60 minutes) \$75

When you want that golden tan but don't want to be exposed to the harmful UVA and UVB sun rays, the salt glow is your answer. Your body is completely exfoliated and then replenished with our moisturizing sun glow to help you achieve a healthy, golden colour.

### Aromatherapy Relaxation Massage (30 or 60 minutes) \$35/\$65

All massages begin with an Aveda sensory journey. Then one of our trained estheticians will massage your sore muscles and help remove any tension and stress. Top it off with a scalp massage and feel relaxed from head to toe.

*Complimentary tea and chocolates with every service.*

## SPA PACKAGES

|                              |                                 |
|------------------------------|---------------------------------|
| <b>Ocean Oasis<br/>\$285</b> | <b>Emerald Escape<br/>\$300</b> |
| 30 min Massage               | 30 min Massage                  |
| Signature Facial             | Salt Scrub                      |
| Seaweed Body Wrap            | Signature Facial                |
|                              | Spa Pedicure                    |

**Urban Utopia  
\$225**  
Signature Manicure  
Signature Pedicure

